**Who Does What List**

**CAR CARE**

Car maintenance Now: Ideal:

(oil change, registration, etc.)

Refilling gas tank Now: Ideal:

Car Insurance Now: Ideal:

**CARE OF THE HOME**

Remodeling Now: Ideal:

Home Maintenance Now: Ideal:

Buying Furniture Now: Ideal:

Buying Appliances Now: Ideal:

Watering houseplants Now: Ideal:

**CHILD CARE**

Preparing meals and lunches Now: Ideal:

Supervising homework Now: Ideal:

Bathing Now: Ideal:

Bedtime Now: Ideal:

Discipline Now: Ideal:

(determining and implementing)

Caring for sick child Now: Ideal:

Dealing with child’s emotions Now: Ideal:

Interacting with schools Now: Ideal:

Planning birthdays Now: Ideal:

Shopping Now: Ideal:

**CHILDREN’S SCHEDULING AND TRANSPORTATION**

Making doctor appointments Now: Ideal:

Transportation to and from Doctor Now: Ideal:

Transportation to and from Now: Ideal:

School/day care

Transportation to and from Now: Ideal:

Playdates/after school activities

Attending teacher conferences Now: Ideal:

Scheduling & attending Now: Ideal:

Special events

**COMMUNICATION**

Keeping in touch with family/friends Now: Ideal:

Taking phone messages Now: Ideal:

Returning phone calls/emails Now: Ideal:

**ENTERTAINMENT**

Planning get togethers w. friends Now: Ideal:

Making dinner reservations Now: Ideal:

Planning “date nights” Now: Ideal:

Prepping Home for parties Now: Ideal:

Choosing travel destinations Now: Ideal:

Reserving travel tickets Now: Ideal:

Planning romantic vacations Now: Ideal:

Planning family vacations Now: Ideal:

Planning romantic weekends Now: Ideal:

**FINANCES**

Financial planning Now: Ideal:

Managing investments Now: Ideal:

Bill-paying Now: Ideal:

Taxes Now: Ideal:

Handling legal matters Now: Ideal:

(e.g., wills, living trusts)

**FOOD**

Planning menu Now: Ideal:

Grocery shopping Now: Ideal:

Cooking Now: Ideal:

Doing dishes/running Dishwasher Now: Ideal:

Emptying dishwashing Now: Ideal:

**HEALTH**

Coordinating medical care Now: Ideal:

Managing health insurance Now: Ideal:

**HOUSECLEANING, REGULAR**

General tidying up Now: Ideal:

Making beds Now: Ideal:

Cleaning kitchen, general Now: Ideal:

Vacuuming Now: Ideal:

Sweeping Now: Ideal:

Washing floors Now: Ideal:

Cleaning bathrooms Now: Ideal:

Taking out garbage and trash Now: Ideal:

Recycling Now: Ideal:

Laundry Now: Ideal:

Folding Laundry Now: Ideal:

Putting away clean clothes Now: Ideal:

Putting out clean towels Now: Ideal:

**HOUSEWORK, PROJECTS**

Home repairs Now: Ideal:

Washing/Waxing floors Now: Ideal:

Washing windows Now: Ideal:

Changing lightbulbs Now: Ideal:

Appliance repairs Now: Ideal:

Defrosting & cleaning refrigerator Now: Ideal:

Yard & garden work Now: Ideal:

Other:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Now: Ideal:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Now: Ideal:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_ Now: Ideal:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Now: Ideal:

Instructions:

Talk over the list. By itemizing exactly who does what, you will finally have an objective basis for determining who *should* do what. Use the list to describe to each other first your perception of how things are currently handled and then how you would like them to be. This list extends beyond actual cleaning to other domestic chores—like managing family finances and various aspects of child care—that can also cause conflict if either partner considers the distribution of labor to be unfair.